

TRANSMISSION DYNAMICS OF HIV/AIDS WITH ABSTINENCE FROM BEHAVIORAL RISKS.

I.G. Usman¹, S.T. Akinyemi^{2*}, S.J.Olatunbosun³, I.Yusuf⁴

¹ Department of Mathematics,
Zamfara State College of Education,
Maru, Nigeria.

² Department of Mathematics,
University of Ilorin,
Kwara State, Nigeria

³Department of Basic Science and General Studies,
Federal College of Forestry Mechanization,
Afaka Kaduna

⁴Department of Computer Science,
Niger State College of Education
Nigeria

*Corresponding author. E-mail: Sammysalt047@gmail.com

Abstract

A nonlinear mathematical model for abstinence from behavioral risks in the transmission dynamics of HIV/AIDS with condom usage and compliance was proposed and rigorously analyzed. The local stability of the model was established for both disease free and endemic equilibrium, showing that the disease will die out when the effective reproductive number R_c is less than unity and persist whenever R_c exceeds unity. Numerical simulation was done to validate the analytical results.

Keywords and Phrases: HIV/AIDS Model, Behavioral Risks, Effective Reproductive Number, Disease Free Equilibrium, Endemic Equilibrium

1.0 Introduction

One of the most dangerous viral diseases, whose cause is known and the principal routes of transmission understood is Acquired Immuno-Deficiency Syndrome (AIDS) (Hansasuta and Rowland-Jones, 2001). The etiological agent of AIDS is Human Immunodeficiency Virus (HIV), which is a global challenge not only to public health workers but the world at large, since it has reached epidemic proportions in all over the world (Safiel et al., 2012).

Despite tremendous effort by researchers and scientists, HIV remains incurable, although pharmaceutical interventions (such as the use of vaccines (i.e. prophylactic and therapeutic) and HAART) and non pharmaceutical interventions (e.g abstinence from behavioural risks, being faithful, condom usage, public highlightment etc) are measures in placed to halt it spread (Smith and Blower, 2004; Dworkin and Ehrhardt 2007; Elbasha and Gummel, 2006; Hussaini et al., 2010). HIV risk behaviour are practices or factors that increases the rate of

acquiring or transmitting the virus. These may include having multiple sex partners, been homosexual, sharing of needles, blood transfusion, syringes or other equipments use to inject drugs or steroids (WebMD, 2014; CDC, 2015).

Subharan Africa and other developing countries across the globe continues to have high prevalences of HIV/AIDS emanating from limited access to pharmaceutical intervention due to high cost, high rate of unprotected sex, resistance to sex education, associated stigma to HIV infectives and female condom users, multiple sex partners etc, (Mukandavire et al., 2007; Hussaini et al., 2010). Thus, there is need to develop an effective strategy that is cheap and very to access in the prevention and control of HIV/AIDS infections, which is paramount in curbing its menace.

Mathematical models in epidemiology have continuously play important roles in increasing our understanding on mechanisms that influences the spread of infectious diseases, suggesting the qualitative impact of disease control measures and forecasting disease incidences for both short and long term (Tripathi et al., 2007; Seidu and Makinde, 2014). Thus arousing the interest of Applied Mathematician and Biologist to study the dynamics of HIV/AIDS (Al-Sheikh et al., 2011; Abdulrahman et al., 2013). Several models for HIV/AIDS transmission dynamics existing in literatures are found in (Naresh et al., 2009; Mukandavire and Garira, 2007; Mukandavire et al., 2009; Mukandavire et al., 2010; Ibrahim et al., 2015) and the references cited there in.

In this paper, we extend the model presented in (Mukandavire et al., 2010) by incorporating condom usage, condom compliance, indulgence and abstinence from HIV/AIDS behavioural risks. This paper is organized as follows: Section 2 present the model formulation for HIV/AIDS transmission dynamics, Section 3 consist of equilibria and stability analysis. Numerical simulations results are presented and discuss in Section 4 and finally conclusion in Section 5.

2.0 Model Formulation

To construct a deterministic model for the transmission dynamics of HIV/AIDS in the presence of abstinence from behavioral risks, condom usage and condom compliance, the total population at time t denoted by $N(t)$ is stratified into four (4) mutually exclusive epidemiological compartments namely, susceptible individuals that indulge in behavioral risk $S(t)$, susceptible individuals that refrain from behavioral risk $R(t)$, HIV infected individuals $I(t)$ and individuals with full blown AIDS $A(t)$.

Basic Assumptions of the Model

- i. Individuals recruited into the population through migration or birth are assume to be susceptible.
- ii. Vertical transmission and migration of infectives are not considered or assumed to be negligible.
- iii. Birth rate and death rate are not equal
- iv. Condom efficacy and compliance are not hundred percent effective in the prevention of HIV, thus $\eta < 1$ and $\omega < 1$

- v. The human population is homogenous and depend on time t .
- vi. Abstinence from behavioral risk is assumed to be a perfect control measure against infections.

Thus the governing equations describing the dynamics of HIV/AIDS in the presence of the aforementioned important factors are presented below.

$$\frac{dS}{dt} = \lambda - \mu S - \beta_1 S I - \beta_2 S A \quad (1)$$

$$\frac{dR}{dt} = \beta_1 S I + \beta_2 S A - \mu R \quad (2)$$

$$\frac{dI}{dt} = \beta_1 R I - \mu I - \delta I \quad (3)$$

$$\frac{dA}{dt} = \delta I - \mu A \quad (4)$$

where $\frac{dN}{dt}$ (6)

$$\frac{dN}{dt} = \lambda - \mu N$$

$$\frac{dN}{dt} = \lambda - \mu N$$

**Table 1:
Parameter
Description
and
and**

Hypothetical Values

Parameters	Symbols	Hypothetical Values	References
Recruitment rate	λ	29	Mukandavire et al., 2010
Natural death rate	μ	0.02	Ibrahim et al.,2015
AIDS induced death rate	δ	0.333	Mukandavire et al., 2009a
Condom efficacy	β_1	0.8	Karen and Susan,1999
Condom compliance	β_2	(0 1)	Variable
Modification parameter	β_1	1.4	Mukandavire et al., 2009b
Progression rate to AIDS	δ	0.125	Mukandavire et al., 2007
Disease transmission coefficient	β_1	0.0005	Javidi and Nyamorady,2013

Rate of abstaining from behavioral risks	α_1	$(0, 1)$	Variable
Progression rate from $R(t)$ to $S(t)$	α_2	$(0, 1)$	Variable

Lemma 1: The closed set (S, R, I, A) is positively invariant and

attracting with respect to the system (1)-(4)

Proof

From (6), we note that $\frac{dN}{dt} = N(0)e^{-\alpha_1 t}$ and establish that $N(t) \geq N(0)e^{-\alpha_1 t}$ by a

standard comparison theorem (Lakshmikantham et al., 1989). $N(t)$ approaches $N(0)e^{-\alpha_1 t}$ as $t \rightarrow \infty$, thus

the system (1)-(4) is positively-invariant and attracting in \mathbb{R}^4 . Thus the model is mathematically and epidemiologically meaningful in \mathbb{R}^4 (Hethcote, 2000), and it is sufficient to consider solutions in \mathbb{R}^4 .

3.0 Equilibria and Stability Analysis of the Model

At equilibrium, we set the left hand side of (1)-(4) to zero, i.e

$$\frac{dS}{dt} = \frac{dR}{dt} = \frac{dI}{dt} = \frac{dA}{dt} = 0$$

so that (1)-(4) becomes

$$0 = \lambda - \alpha_1 R - \alpha_2 S - K_1 S \quad (7)$$

$$0 = \alpha_1 R - K_2 R \quad (8)$$

$$0 = \alpha_2 S - K_3 I \quad (9) \quad 0 = K_4 I - K_4 A \quad (10) \text{ where}$$

$$K_1 = \alpha_1, \quad K_2 = \alpha_2, \quad K_3 = \alpha_1, \quad K_4 = \alpha_1$$

From (10), we get

$$A = \frac{\alpha_1 I}{K_4} \quad (11)$$

From (9),

$$I \square \frac{\square S}{K_3} \quad (12)$$

From (8)

$$R \square \frac{\square \square \square S}{K_2} \quad (13)$$

Using (13) in (7) to have

$$\square \square \square S (\square K S_1) \square 0$$

$$\square \square \square \square \square \square$$

$$K_2$$

$$\square K_2 (\square \square K_1) \square \square \square_{1,2} \square S K \square_2 \square$$

$$S \square \quad K_2 \square \quad (14)$$

$$\square K_2 (\square \square K_1) \square \square \square_{1,2} \square$$

Substituting (11) into (5), to obtain

$$\square K$$

$$\square \square \square \square (1 \square) \square \square K \square \square \square \square \square \square I \quad (15)$$

$$\square$$

Using (15) into (12), to get

$$I \square \square \square \square (1 \square) \square K_4 \square \square \square \square S I$$

$$K K_{3,4}$$

$$\square \square \square \square (1 \square) \square K_4 \square \square \square \square S K K I \square_{3,4} \square \square 0$$

This implies either

$$I \square 0 \text{ or } S \square \quad K K^{3,4} \quad (16)$$

$$\square \square \square \square (1 \square) \square K_4 \square \square \square \square$$

3.1 Existence of Disease Free Equilibrium

Let \square_0 denote the disease free equilibrium, in the absence of infection, we have from (16), (11),

(15) $I^* = 0, A^* = 0, \square^* = 0$ respectively. From (14), we obtain

$$S = \frac{K_1 K_2}{K_1 K_2 + \square_1} \quad (17)$$

Using (17) in (13), we have

$$R^* = \frac{K_1 K_2}{K_1 K_2 + \square_1} \quad (18)$$

$$\square_0 = (S, R, I, A, \square) = \left(\frac{K_1 K_2}{K_1 K_2 + \square_1}, \frac{K_1 K_2}{K_1 K_2 + \square_1}, 0, 0, 0 \right)$$

The stability of \square_0 can be explored by the method of Reproductive Number (R_c) which is determined by using the next generation method, on system (1) in the form of matrices F (nonnegative) and V (non-singular) (Heffernan et al., 2005). Where F denote the new infection terms and V the transition term at \square_0 . Therefore

$$F = \begin{pmatrix} \beta S I \\ \beta S A \\ \beta S \square \end{pmatrix}, \quad V = \begin{pmatrix} -\mu \\ -\mu \\ -\mu \end{pmatrix} \quad (19)a$$

$$R_c = \frac{\beta K_1 K_2}{\mu (K_1 K_2 + \square_1)} \quad (19b)$$

where $L_1 = \mu (K_1 K_2 + \square_1)$

It is of great importance to know that $K_1 K_2 > 0, \square_1 > 0, \mu > 0$ and $\square_1 > 0$ since $\square_1 > 0$ and $\mu > 0$, hence $R_c > 0$.

Theorem 1: The disease free equilibrium of the system (1)-(4) is locally asymptotically stable if $R_C < 1$ and unstable if $R_C > 1$.

Proof

The Jacobian matrix of system (1)-(4) at E_0 is given as

$$J(E_0) = \begin{pmatrix} -\mu - \beta_1 K_1 & \beta_1 S_1^* & 0 & 0 \\ \beta_1 S_1^* & \mu - \beta_1 S_1^* - \beta_2 K_2 & 0 & 0 \\ 0 & 0 & \mu - \beta_3 K_3 & 0 \\ 0 & 0 & 0 & \mu - \beta_4 K_4 \end{pmatrix} \quad (20)$$

The characteristic equation of (20) is given in the form

$$\lambda^4 + a_3 \lambda^3 + a_2 \lambda^2 + a_1 \lambda + a_0 = 0 \quad (21)$$

Where the coefficients of the eigenvalues are expressed in terms of R_C with the aid of (19) as

$$a_3 = \beta_4 K_4 + \beta_3 K_3 + \beta_2 K_2 + \beta_1 K_1 (1 - R_C),$$

$$a_2 = \beta_4 K_4 \beta_3 K_3 + \beta_4 K_4 \beta_2 K_2 + \beta_4 K_4 \beta_1 K_1 (1 - R_C) + \beta_3 K_3 \beta_2 K_2 + \beta_3 K_3 \beta_1 K_1 (1 - R_C) + \beta_2 K_2 \beta_1 K_1 (1 - R_C),$$

$$a_1 = \beta_4 K_4 \beta_3 K_3 \beta_2 K_2 + \beta_4 K_4 \beta_3 K_3 \beta_1 K_1 (1 - R_C) + \beta_4 K_4 \beta_2 K_2 \beta_1 K_1 (1 - R_C) + \beta_3 K_3 \beta_2 K_2 \beta_1 K_1 (1 - R_C),$$

$$a_0 = \beta_4 K_4 \beta_3 K_3 \beta_2 K_2 \beta_1 K_1 (1 - R_C)^4,$$

Whenever $R_C < 1$, we note that $a_i < 0 \quad i = 0, \dots, 3$, then by Routh Hurwitz criterion, (21) will have all its roots (i.e. eigenvalues) to be negative. Hence the system is said to be locally asymptotically stable at \square_0 whenever $R_C < 1$ which completes the proof.

3.2 Existence of Endemic Equilibrium

Let \square_1 denote the endemic equilibrium, so that in the presence of infection $I^{**} > 0$, thus from (16), we have

$$S = \frac{K_3}{K_4} \quad (21)$$

$$\square \square (1 - \square) K_4 \square \square \square \square$$

Substituting (21) into (13), to have

$$R^{**} = \frac{\square_{134} K K}{\square_{134} K K} \quad (22)$$

$$\square \square (1 - \square) K K_2 \square_{4} \square \square \square \square$$

Adding (7) and (9) to get

$$\square \square_{2R^{**}} = K S_1^{**} - K I_3^{**} = 0 \quad (23)$$

Substituting (21) and (22) into (23) to get,

$$\frac{\square \square_{1234} K K}{\square} - \frac{K K K_{134}}{\square} - K I_3^{**} = 0$$

$$\square \square (1 - \square) K K_2 \square_{4} \square \square \square \square - (1 - \square) K_4 \square \square \square \square$$

$$R^{**} = \frac{\square \square \square (1 - \square) K K_2 \square_{4} \square \square \square \square - K K K_{34} \square_{12} \square \square \square_{12}}{\square} \quad (24)$$

$$I = \frac{\square \square \square (1 - \square) K K K_{234} \square_{4} \square \square \square \square}{\square}$$

Using (24) in (11) to obtain

$$A^{**} = \square \square \square \square (1 - \square) K K_2 \square_{4} \square \square \square \square - K K K_{34} \square_{12} \square \square \square_{12} \square \quad (25)$$

$$\square \square (1 - \square) K K K_{234} \square_{4} \square \square \square \square$$

Expressing \square_1 in terms of R_C by substituting (19) into (21), (22), (23) and (24), respectively to obtain the following.

$$S = \frac{K_2}{K_4} \quad (26)$$

$$R_{K_1} = \frac{K_1}{K_1 + K_2} \quad (27)$$

$$I^* = \frac{K_1}{K_1 + K_2} R_{K_1} \quad (28)$$

$$A^* = \frac{K_1}{K_1 + K_2} R_{K_1} \quad (29)$$

Theorem 2: The endemic equilibrium of the system (1)-(4) is locally asymptotically stable if $R_C > 1$ and unstable if $R_C < 1$.

Proof

The Jacobian matrix of the system (1)-(4), evaluated at E_1 is obtain as

$$J(E_1) = \begin{pmatrix} -\lambda_1 & \lambda_1 & 0 & 0 \\ \lambda_1 & -\lambda_1 & 0 & 0 \\ 0 & 0 & -\lambda_2 & 0 \\ 0 & 0 & 0 & -\lambda_3 \end{pmatrix} \quad (30)$$

by row elementary transform [12], (30) becomes,

$$J(E_1) = \begin{pmatrix} -\lambda_1 & \lambda_1 & 0 & 0 \\ \lambda_1 & -\lambda_1 & 0 & 0 \\ 0 & 0 & -\lambda_2 & 0 \\ 0 & 0 & 0 & -\lambda_3 \end{pmatrix} \quad \text{where } \lambda_1 = \frac{K_1}{K_1 + K_2} \quad (31)$$

Substituting (26), (28) and (29) appropriately into (31) to obtain

$$\begin{aligned}
& J_1 = \frac{L K_1}{K} (R_C - 1) < 0 \\
& J_2 = \frac{R_{34} J_2}{K} > 0 \\
& J_3 = \frac{L K K R_1}{K R_4 c} > 0 \\
& J_4 = \frac{L K R_1}{R_C} > 0
\end{aligned} \tag{32}$$

Obviously, $J_2 > 0$ and whenever $R_C > 1$, J_1, J_3 and J_4 are positive, hence $\lambda_i < 0 \quad i = 1, \dots, 4$. Thus the system (1)-(4) is locally asymptotically stable whenever $R_C > 1$, and this completes the proof.

4.0 Numerical Simulation and Discussion of Results

In this section, we present some numerical simulation for the set of parameters presented in Table 1, in order to study the dynamical behavioral of the model (1)-(4) and authenticate the above analytical findings.

Table 2: Effect of R_C on numbers of HIV/AIDS cases at steady state

β	β_1	β_2	R_C	$I^{**} = A^{**}$	Remarks
0	0.9	0.1	0.6892	0	β_0 stable (disease eradication)
0	0.8	0.1	0.7641	0	β_0 stable (disease eradication)
0.2	0.8	0.2	1.0613	12.9682	β_1 stable (no eradication)
0.2	0.8	0.4	1.6940	91.9753	β_1 stable (no eradication)
0.4	0.8	0.4	1.3713	60.7908	β_1 stable (no eradication)
0.6	0.6	0.6	1.5480	79.4783	β_1 stable (no eradication)
0.6	0.4	0.6	1.8515	103.2540	β_1 stable (no eradication)
0.8	0.2	0.6	2.4488	132.8285	β_1 stable (no eradication)
0.9	0.2	0.8	1.7322	94.9038	β_1 stable (no eradication)

Note: The Table is generated by using parameters value in Table 1 while varying the values of β_1, β_2 .

It is clear to observe from the tabulated results that as HIV/AIDS cases increases, R_C increases. The qualitative dynamics of the model will change, since increase in either rate of abstinence from behavioral risks associated to HIV/AIDS β_1 or rate of condom compliance β_2 will reduces R_C , thus HIV/AIDS prevalence may decrease. Secondly, increase in rate of indulgence in HIV/AIDS associated risks behavior β_3 will increase R_C , hence disease burden may be triggered. Lastly, the results presented in this section validate the analytical results obtained in section 3, since $R_C < 1$, the disease can be eradicated and when $R_C > 1$, the disease will continue to persist.

5.0 Conclusion

In this study, a deterministic nonlinear model for the transmission dynamics of HIV/AIDS in the presence of condom usage and compliance, indulgence and abstinence from behavioral risk is constructed and painstakingly analyzed to obtain the following main results.

- (1) The model (1)-(4) has a locally asymptotically stable disease free equilibrium whenever $R_C < 1$.
- (2) The model endemic equilibrium is locally asymptotically stable whenever $R_C > 1$
- (3) Increase in abstinence from HIV associated behavioral risks reduces R_C , thus reducing disease burden, conversely increase in indulgence in behavioral risks will increase R_C , hence promoting disease prevalence.
- (4) Condom compliance may reduce HIV/AIDS cases when increased.

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